

Your colours, analysed

one photo, one prompt, one chart you keep

1 · THE SPINE

Two photos. One prompt. A colour chart you will actually use.

A stylist charges for this. Ten minutes, and you stop guessing.

2 · THE PROMPT

Using these images, create a diagram-first personal color analysis.
Show which clothing colors suit the subject through visual comparison.
Keep text minimal and avoid paragraphs.

Attach two photos of your face in ChatGPT and paste it. That is the entire input. Images 2.0 runs on the free plan, with a small daily allowance, which is exactly why the next block matters.

3 · THE PHOTO IS THE WHOLE JOB

The model reads your skin against whatever you are wearing. Give it a red shirt and you have handed it the wrong answer before it starts.

Do

Plain white, grey or cream top

Daylight from a window, facing you

Plain wall behind you

Straight to camera, neutral face

Two shots, different light

Two photos let it separate your skin from the light in the room. If you wear glasses, take one shot without them.

Don't

Colour, print or logo near your face

Overhead bulbs, or a lamp to one side

Busy background, or a mirror

Angles, filters, beauty mode

One old photo from your camera roll

4 · THE THREE WORDS IT USES

- Undertone** Warm, cool or neutral skin. This decides almost everything else.
- Contrast** The gap between your skin, hair and eyes. High contrast carries sharp pairings.
- Season range** The label that packages the two, like Soft Autumn. A result, not a rule.

5 · THEN ASK FOR THE OUTFITS

The colour chart tells you what. A second pass tells you what to buy.

Now build me an outfit guide from this analysis.
Best suit, shirt and shoe combinations, with what to avoid.

Now build me an outfit guide from this analysis.
Best dress, top and accessory combinations, with what to avoid.

Same chat, so it keeps your analysis. Ask for whichever fits your wardrobe.

6 · USING IT

Colour matters most within a hand's width of your face. A shirt, a scarf, a collar. Trousers and shoes are nearly free.

A colour it tells you to avoid is fine the moment it is not touching your face. Black trousers are not the problem black is.

Dressing for a wedding: your strongest colours, lightest end for daytime, deepest for evening.

7 · CLOSE

Two photos. One prompt. A colour chart you will actually use.

Screenshot the chart. It beats memory under shop lighting.

This does mean uploading your face to a company's servers. Fair trade for some people, not for others.

Try it, then tell me what it got wrong about you.